

Volunteer Services

VOLUNTEER POSITION DESCRIPTION

TITLE: Life Skills Workshop Instructor

SUPERVISOR: Lead Case Manager

PROGRAM: The *Transitional Housing Program* provides homeless women and their children with a safe, supportive place to stay as they participate in life skills training and stabilization services that prepare them for employment and stable housing in the community. Child-centered programming and family enrichment activities, provided through the children's Child Enrichment Center, help promote healthy child development and empower the family unit.

PURPOSE: To instruct women participants in the Transitional Housing Program on basic educational and personal development issues.

RESPONSIBILITIES:

- Develop, organize and present workshop with assistance of Support Services Staff.
- Answer clients' questions regarding the topic.
- Provide resources on topic if available: handouts, guidelines, etc.

QUALIFICATIONS:

- Have knowledge of appropriate topics. Possible topics include: legal and career issues, budgeting, parenting, motivation, journaling, cooking, health and nutrition, job skills and an awareness of various community resources.
- Be able to relate to people from diverse backgrounds.
- Previous presentation/teaching experience a plus, but not required.
- Have own transportation to and from Transitional Housing Program sites.
- Be at least 21 years old.

BENEFITS:

- Presentation/teaching experience.
- Increased awareness of issues surrounding homelessness and housing.
- Documented volunteer experience.
- Experience working with a non-profit agency.

SITE: Transitional Housing Program sites in St. Paul.

COMMITMENT:

- One-time or long-term commitments available.
- Thursday evenings, 6:00-8:00 p.m.

CONTACT: Volunteer Specialist
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