

# fact sheet:

## Housing & Supportive Services

eliminating racism  
empowering women

**ywca**

St. Paul



A United Way Community Partner

### Community Issue: Homelessness

- On a typical night, approximately 9,000 people (4,781 adults and 2,932 minors) are homeless in Minnesota. (Wilder Research, 2007)
- A family of four needs an annual income of \$39,000 to meet basic needs, including a two-bedroom apartment, yet half of the jobs open in Minnesota pay \$22,000 or less. (Jobs Now Coalition, 2008; Minnesota Department of Employment & Economic Development, 2009)
- Approximately 580,000 people in the metro area are living in or at the edge of poverty and 32 percent are children. (U.S. Census Bureau, 2008)
- Ninety-two percent of homeless mothers have experienced severe physical or sexual assault in their lifetime. (National Center of Family Homelessness, 2008)
- Homeless children suffer from emotional or behavioral problems that interfere with learning at almost three times the rate of other children. (National Center of Family Homelessness, 2008)

# changing minds, bodies & lives



## Our Response: Fighting Homelessness One Family at a Time

YWCA St. Paul combats homelessness by providing affordable housing and housing-related services for homeless women, children and families. More than simply providing a safe place to live, our programs and services empower families to navigate crisis, stabilize their lives, build skills, decrease their dependency on emergency services and work to keep their families united and children safe.

### Core Programs

**Building New Lives for Homeless Women & Children Transitional Housing Program (THP):** Creates a path out of homelessness for women and their children. Families spend up to 24 months building skills and stabilizing their lives while living in one of three YWCA Transitional Housing sites.

### Breaking the Cycle of Homelessness

**Family Intervention Program (FIP):** Empowers families facing multiple challenges to eliminate their dependence on emergency shelters and to secure/maintain housing in the community.

### Keeping & Bringing Families Together

**Family Preservation Program (FPP):** Prevents families from losing their children to foster care and works to reunite families who already have children in out-of-home placement. Working with case managers, families secure housing and address any issues impacting their ability to provide a safe, healthy home for their children.

### Positioning Families to Succeed

**Permanent Supportive Housing (PSH):** Combines safe, affordable housing and supportive services to help families who have experienced long-term homelessness to build stable, productive lives.

### Helping Families Move Beyond Crisis

**Rapid Re-Housing (RRH):** Reduces the length of emergency shelter stays by providing a jump-start of supportive services and other resources that empower families to move out of shelters and into stable housing as quickly as possible.

### What You Can Do to Help

Whether you volunteer to help rock babies and play with toddlers while a homeless mom attends class, assist with a special event, assemble welcome baskets, lend your expertise as a life skills instructor or job coach, or make a financial contribution — **you can make a difference!** Ninety-two cents of every dollar goes directly to services for women, children and families.

### Housing & Supportive Services by the Numbers:<sup>\*</sup>

Total Served: 788 people (236 families)

Demographics:

People of Color	Low-Income
88%	100%
Single Parent Household	At-Risk
73%	100%

Total Annual Investment in Fighting Homelessness: \$2,047,543

\*Based on 2009 Program Data (unaudited)