

# fact sheet

## YWCA St. Paul

eliminating racism  
empowering women

**ywca**

St. Paul

A United Way Community Partner

### YWCA St. Paul:

- Changes minds, bodies and lives through programs and services in Housing & Supportive Services, Youth Development, Health & Wellness and Skills for Life & Work.
- Benefits women, men and children (6,260 during 2009).
- Has been meeting community needs since 1907.
- Is a 501(c)3 organization, that is governed by a Board of Directors and employs an average of 125 employees (approximately 43 percent are full-time).
- Is funded by: government awards (29 percent), United Way funding (12 percent), contributions from foundations, corporations and individuals (18 percent), memberships, program fees and operating income (41 percent).
- Has experienced steady growth and has annual expenses of approximately \$6.0 million (up from \$1 million in 1990).
- Has an endowment of more than \$572,000.
- Utilizes careful cost management and volunteers to ensure that 92 cents of every dollar goes directly to services for women, children and families.

# changing minds, bodies & lives



## Our Mission

YWCA St. Paul is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

## Service Area

Collaborating with a broad east metro referral network, YWCA St. Paul anchors the Summit-University community and reaches out to its neighbors in greater St. Paul.

## Strategic Directions

- Provide safe, affordable housing and supportive services for homeless women, children and families
- Create a path to success for youth and young adults
- Empower women, children and families to pursue healthy life styles
- Eliminate racism in every encounter
- Partner with external organizations to enhance and expand quality services
- Build institutional resources to maintain and enhance services

## Core Programs & Services

### Housing & Supportive Services

#### Fighting Homelessness One Family at a Time

- Transitional Housing Program (THP)
- Family Intervention Program (FIP)
- Family Preservation Program (FPP)
- Permanent Supportive Housing (PSH)
- Rapid Re-housing (RRH)

### Youth Development

#### Empowering At-Risk Youth to Reach Their Full Potential

- Youth Achievers Program (YAP)
- IMPACT Program

## Health & Wellness

### Putting Better Health Within Reach

- Health & Fitness Memberships
- Group Fitness Classes
- Specialty Fitness Classes
- Aquatics Program
- Personal Training and Fitness Services
- Financial Assistance and Outreach

## Skills for Life & Work

### Building Skills to Support Achievement & Self-Sufficiency

- Project Able (formerly SES)
- YW Reads (YWR)
- YW Works (YWW)

## YWCA St. Paul by the Numbers:\*

Total Served: 6,260+ people

Totals by Community Issue:

Housing & Supportive Services	Youth Development
788	402
Health & Wellness	Skills for Life & Work
4,746	84
Volunteers: 240	

Total Annual Investment in Community Issues: \$4,793,640

\*Based on 2009 Program Data (unaudited)