

Position Title:	Group Fitness Instructor	Department:	Health & Fitness Center
Salary:	\$17.75 - \$19.00 per hour, DOQ	Scheduled Hours:	Hours Vary

Position Summary:

Teaches aerobic classes while maintaining a high level of customer service.

Position Responsibilities:

1. Teach aerobic/fitness classes according to format's description. Arrive and start/end classes on time. Monitor participants throughout class; offer modifications to individuals as necessary.
2. Ensure studio(s) is (are) left in good condition and equipment is properly stored.
3. Acknowledge members' needs, concerns and suggestions. Actively listen to members; forward comments and concerns to manager when appropriate. Follow-up with members' feedback to ensure good communication and customer service goals are met.
4. Participate in program development efforts as part of an ongoing customer service initiative. Be aware of/informed about YWCA programs, services and mission. Help members identify other services that will benefit them and enhance their experiences.
5. Promote the organization, its programs and services to members and the community. Present a positive image to the community as a representative of the YWCA.
6. Attend regular meetings, accurately complete paperwork and maintain communication with program manager. Complete attendance sheets and time sheets in a correct and timely manner. Follow procedure for securing substitutes.
7. May be required to administer first aid.

Qualifications:

Education:

Associate's Degree or equivalent degree in Exercise Science, Exercise Physiology or related disciplines is preferred.

Certifications and Licensure:

- CPR/AED (required)
- National Group Instructor Certification (ACE, AFFA, ACSM, NDEITA) (required)
- Specialized Class Certification: MadDog and Schwinn (required)

Work Experience:

Up to 1 year of experience teaching aerobics. Experience in a non-profit setting focusing on creating opportunities for women's growth, leadership and empowerment, and elimination of racism or a related mission is highly desired.

Other Qualifications:

- Dealing with confidential information
- Work subject to precise measures of quality or quantity
- Agree to mandated child abuse reporting guidelines

The YWCA St. Paul offers competitive salary and benefits for eligible positions. The YWCA is an Affirmative Action/Equal Opportunity Employer.

To apply, send letter of interest, resume, and salary requirements to:

Human Resources, YWCA St. Paul fax: (651) 222-6307

375 Selby Avenue email: hr@ywcaofstpaul.org

St. Paul, MN 55102 phone: (651) 222-3741

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